



PEDIATRIC HISTORY FORM

Child's Name _____ Date of Birth ___/___/___ Today's Date: ___/___/___ Age ___
 Birth Height: _____ Birth Weight: _____ Current Height: _____ Current Weight: _____ Male Female
 Address _____ City _____ State _____ Zip _____
 Mother's Name: _____ Mother's Phone #: _____ Date of Birth ___/___/___
 Father's Name: _____ Father's Phone #: _____ Date of Birth ___/___/___
 Pediatrician/Family MD: _____ City & State: _____
 Last Visit Date: ___/___/___ Reason for Visit: _____
 Who is responsible for bills/finances? _____ Relationship: _____
 Other (Please Explain) _____

LIST THE HEALTH CONCERNS THAT BROUGHT YOU INTO THIS OFFICE BELOW

Health Concern: (List according to Severity)	Rate of severity 0 = no pain 10 = unbearable	When did this problem start?	Have you had the problem before? If so, when?	Did this begin with an injury?	Are symptoms Constant (C) Intermittent (I)?
First: _____	_____	_____	_____	_____	_____
Second: _____	_____	_____	_____	_____	_____
Third: _____	_____	_____	_____	_____	_____

PURPOSE OF THIS VISIT: Wellness check-Up Injury or Accident Other _____

PLEASE EXPLAIN: _____

If your child is experiencing pain/discomfort, please identify where and for how long: _____

- When did this problem first begin?** Date: ___/___/___ Unknown
 Gradual Sudden
- Have you seen other doctors for these conditions?** Yes No If yes, Who & When? _____
- Any bowel or bladder problems since this problem began?:** No Yes
 If yes; Please describe: _____
 a. **Ever experienced this problem before?** No Yes
 If yes; when: _____ Days _____ Weeks _____ Months _____ Years
- What were the results?** FAVORABLE UNFAVORABLE (please explain) _____
- How is this problem NOW:** Quickly Improving Slowly Improving Same Gradually worsening On & Off
- Please list any medication taken for this problem:** _____
- Does your child participate in organized sports?** No Yes If yes, Have they ever sustained an injury?
 Please explain: _____

8. **Has your child ever been in an auto accident?** No Yes If yes, Have they ever sustained an injury?

Please explain: _____

HAS YOUR CHILD EVER SUFFERED FROM:

Please Mark "P" For In The **Past** OR Mark "C" For **Currently** Have:

- | | | | | |
|-------------------|--------------------------|--------------------|-------------------------|--------------------------------|
| ___ Headaches | ___ Bed Wetting | ___ Colic | ___ Asthma | ___ Fall from high chair |
| ___ Migraines | ___ Dizziness | ___ Reflux | ___ Trouble Breathing | ___ Fall from Changing Table |
| ___ Backaches | ___ Fainting | ___ Stomach Aches | ___ Ruptures/Hernia | ___ Fall from Crib |
| ___ Neck Problems | ___ Chronic Earaches | ___ Poor Appetite | ___ ADD/ADHD | ___ Fall from Bed or Couch |
| ___ Shoulder Pain | ___ Ear Infections | ___ Constipation | ___ Behavioral Problems | ___ Fall off bicycle |
| ___ Arm Problems | ___ Seizures/Convulsions | ___ Diarrhea | ___ Muscle Pains | ___ Fall off Swing |
| ___ Leg Problems | ___ Heart Trouble | ___ Anemia | ___ Growing Pains | ___ Fall down Stairs |
| ___ Hip Pain | ___ Sinus Trouble | ___ Hypertension | ___ Walking Trouble | ___ Fall off Slide |
| ___ Knee Pain | ___ Orthopedic Problems | ___ Skin Problems | ___ Broken Bones | ___ Fall off Monkey Bars |
| ___ Foot Pain | ___ Recurrent Colds/Flu | ___ Sleep Problems | ___ Scoliosis | ___ Fall off Skateboard/Skates |
| ___ Poor Posture | ___ Digestive Disorders | ___ Allergies | ___ Joint Problems | ___ Fall in baby walker |

Other(s): _____

Pregnancy Information:

Overall, how was your pregnancy? _____

Any Pregnancy Complications? _____

Did you take any medication during your pregnancy?: _____

Other pertinent information: _____

Delivery Information:

Location of Birth: (Circle One) Hospital Birth Center Home

Birth Intervention: (Circle One) Forceps Vacuum Extraction Caesarian Section

Induced? Yes No _____

Medications during delivery?: _____

Other Information: _____

POST BIRTH INFORMATION:

Breast Fed: Yes No If yes, how Long? _____ Introduced Solid Foods at _____ months

Food Allergies or Intolerances: _____

Doses of antibiotics/prescription drugs your child has taken: Past 6 Months _____ Total of Lifetime _____

Present prescription drugs/ dosage? _____

Over the counter drugs (Tylenol, cough syrup, laxatives, etc.) _____

List all surgical operations and years: _____

Has your Child ever been knocked unconscious? Yes No Fractured A Bone? Yes No

If yes to either of the above, please describe: _____

Activities Of Life

Please identify how your current condition is affecting your ability to carry out activities that are routinely part of your life:

ACTIVITY:

EFFECT:

- | | | | | |
|-----------------|------------------------------------|---|---|--|
| Holding Head up | <input type="checkbox"/> No Effect | <input type="checkbox"/> Painful (can do) | <input type="checkbox"/> Painful (limits) | <input type="checkbox"/> Unable to Perform |
| Tummy Time | <input type="checkbox"/> No Effect | <input type="checkbox"/> Painful (can do) | <input type="checkbox"/> Painful (limits) | <input type="checkbox"/> Unable to Perform |
| Nursing | <input type="checkbox"/> No Effect | <input type="checkbox"/> Painful (can do) | <input type="checkbox"/> Painful (limits) | <input type="checkbox"/> Unable to Perform |
| Sitting up | <input type="checkbox"/> No Effect | <input type="checkbox"/> Painful (can do) | <input type="checkbox"/> Painful (limits) | <input type="checkbox"/> Unable to Perform |
| Crawling | <input type="checkbox"/> No Effect | <input type="checkbox"/> Painful (can do) | <input type="checkbox"/> Painful (limits) | <input type="checkbox"/> Unable to Perform |
| Standing Alone | <input type="checkbox"/> No Effect | <input type="checkbox"/> Painful (can do) | <input type="checkbox"/> Painful (limits) | <input type="checkbox"/> Unable to Perform |
| Walking Alone | <input type="checkbox"/> No Effect | <input type="checkbox"/> Painful (can do) | <input type="checkbox"/> Painful (limits) | <input type="checkbox"/> Unable to Perform |
| Other: _____ | <input type="checkbox"/> No Effect | <input type="checkbox"/> Painful (can do) | <input type="checkbox"/> Painful (limits) | <input type="checkbox"/> Unable to Perform |

INFORMED CONSENT FOR CHIROPRACTIC CARE

CHIROPRACTIC CARE, LIKE ALL FORMS OF HEALTH CARE, WHILE OFFERING CONSIDERABLE BENEFITS MAY ALSO PROVIDE SOME LEVEL OF RISK. THIS LEVEL OF RISK IS MOST OFTEN VERY MINIMAL, YET IN RARE CASES, INJURY HAS BEEN ASSOCIATED WITH CHIROPRACTIC CARE. THE TYPES OF COMPLICATIONS THAT HAVE BEEN REPORTED SECONDARY TO CHIROPRACTIC CARE INCLUDE: SPRAINS/STRAIN INJURIES, IRRITATION OF A DISC CONDITION, AND RARELY, FRACTURES. ONE OF THE RAREST COMPLICATIONS ASSOCIATED WITH CHIROPRACTIC CARE, OCCURRING AT A RATE BETWEEN ONE INSTANCE PER ONE MILLION TO ONE PER TWO MILLION CERVICAL SPINE ADJUSTMENTS MAY BE A VERTEBRAL INJURY THAT COULD LEAD TO A STROKE.

PRIOR TO RECEIVING CHIROPRACTIC CARE IN THIS CHIROPRACTIC OFFICE, A HEALTH HISTORY AND PHYSICAL EXAMINATION WILL BE COMPLETED. THESE PROCEDURES ARE PERFORMED TO ASSESS YOUR SPECIFIC CONDITIONS, YOUR OVERALL HEALTH AND IN PARTICULAR, YOUR SPINAL HEALTH. THESE PROCEDURES WILL ASSIST US IN DETERMINING IF CHIROPRACTIC CARE IF NEEDED, OR IF ANY FURTHER EXAMINATIONS OR STUDIES ARE NEEDED. IN ADDITION THEY WILL HELP US DETERMINE IF THERE IS ANY REASON TO MODIFY YOUR CARE OR PROVIDE YOU WITH A REFERRAL TO ANOTHER HEALTH CARE PROVIDER. ALL RELEVANT FINDINGS WILL BE REPORTED TO YOU ALONG WITH A CARE PLAN PRIOR TO BEGINNING CARE.

I UNDERSTAND AND ACCEPT THAT THERE ARE RISKS ASSOCIATED WITH CHIROPRACTIC CARE AND GIVE CONSENT TO THE EXAMINATION THAT THE DOCTOR DEEMS NECESSARY AND THE CHIROPRACTIC CARE, INCLUDING SPINAL ADJUSTMENTS, AS REPORTED FOLLOWING MY ASSESSMENT.

PRINT NAME OF PARENT/LEGAL GUARDIAN

SIGNATURE

DATE

WRITTEN CONSENT FOR A CHILD

NAME OF PRACTICE MEMBER WHO IS A MINOR/CHILD _____

I UNDERSTAND THAT I AM DIRECTLY AND FULLY RESPONSIBLE TO VITA CHIROPRACTIC FOR ALL FEES ASSOCIATED WITH CHIROPRACTIC CARE MY CHILD RECEIVES. I AUTHORIZE DR. ZACH NELSON AND ANY AND ALL VITA CHIROPRACTIC STAFF TO PERFORM DIAGNOSTIC PROCEDURES, RADIOGRAPHIC EVALUATIONS, RENDER CHIROPRACTIC CARE AND PERFORM CHIROPRACTIC ADJUSTMENTS TO MY MINOR/CHILD. ALL RISKS OF CHIROPRACTIC CARE HAVE BEEN EXPLAINED TO ME I HAVE CONVEYED MY UNDERSTANDING OF THESE RISKS TO THE DOCTOR.

AS OF THIS DATE, I HAVE THE LEGAL RIGHT TO SELECT AND AUTHORIZE HEALTH CARE SERVICES FOR MY MINOR/CHILD. IF MY AUTHORITY TO SELECT AND AUTHORIZE CARE IS REVOKED OR ALTERED, I WILL IMMEDIATELY NOTIFY VITA CHIROPRACTIC. UNDER THE TERMS AND CONDITIONS OF MY DIVORCE, SEPARATION, OR OTHER LEGAL AUTHORIZATION, THE CONSENT OF A SPOUSE/FORMER SPOUSE OR OTHER GUARDIAN IS NOT REQUIRED. IF MY AUTHORITY TO SO SELECT AND AUTHORIZE THIS CARE SHOULD CHANGE IN ANY WAY, I WILL IMMEDIATELY NOTIFY VITA CHIROPRACTIC.

PRINT NAME OF GUARDIAN

RELATIONSHIP

GUARDIAN SIGNATURE

DATE

DOCTOR/CA SIGNATURE

DATE

NOTICE OF PRIVACY PRACTICES ACKNOWLEDGEMENT

I understand that I have certain rights of privacy regarding my protected health information, under the Health Insurance Portability & Accountability Act of 1996 (HIPPA). I understand that this information can and will be used to:

1. Conduct, plan, and direct my treatment and follow-up among the multiple healthcare providers who may be involved in that treatment directly and indirectly.
2. Obtain payment from third-party payers.
3. Conduct normal healthcare operations, such as quality assessments and physician's certifications.

I acknowledge that I may request your NOTICE OF PRIVACY PRACTICES containing a more complete description of the uses and disclosures of my health information. I also understand that I may request, in writing, that you restrict how my private information is used to disclose to carry out treatment, payment, or healthcare operation. I also understand you are not required to agree to my requested restrictions, but if you agree, then you are bound to abide by such restrictions.

GUARDIAN'S SIGNATURE

DATE